



Christchurch Mentor Programme

Role Description - Mentor

Purpose of the Role

You will develop a one-to-one, non-judgemental, supportive relationship with a young person in order to enhance their personal and social growth. This relationship is typically developed at a time of transition in the life of the young person and lasts for a significant and sustained period.

Outcomes for a Mentor

1. An increased understanding and appreciation of others needs and feelings.
2. An increase of interpersonal skills.
3. A greater insight into the positive affect this role has on others.

Skills & Abilities

1. A personal interest in young people.
2. An ability to relate to and understand young people.
3. An ability to commit two or three hours per week for a 12-month period.
4. An ability to develop and maintain a positive relationship with a young person and their family.
5. An acceptance of differing cultural lifestyles and backgrounds.

Key Tasks:

1. To provide one-on-one consistent support and friendship to a young person.
2. To engage in regular planned activities of mutual interest to the young person and Mentor.

3. To monitor & evaluate progress of this relationship with the Mentor Coordinator.
4. To participate in monthly group supervision.
5. To regularly report to the Mentor Coordinator.
6. If needed, to ask for help.

Resources

1. Training and group supervision.
2. Regular feedback.
3. A Coordinator to provide support, encouragement and information.
4. A Programme Manual
5. A directory of activities within Christchurch

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